

# *Fermoy Rowing Club*

## **GUIDELINES & CODES OF CONDUCT FOR YOUNG ATHLETES (Under 18) and PARENTS & GUARDIANS. 2009 – 2010.**

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### **Guidelines for young Athletes:**

Young Athletes have a great deal to gain from Sport in terms of their personal development & enjoyment and have rights which must be respected and responsibilities which they must accept. For children, the sporting environment must be safe, enjoyable and free from harm.

### **Young Athletes are entitled to be:**

- Happy, have fun & enjoy their Sport
- Treated fairly
- Listened to and allowed to respond
- Have a voice in decisions which affect them within the Club
- Attend training & competition at a level appropriate to their age, development & ability
- Given the same level of confidentiality afforded to adults

### **CODE OF CONDUCT FOR YOUNG ATHLETES:**

#### **You should always -**

- Treat Leaders, Coaches, Club Officials, parents/guardians with respect
- Take part fairly at all times, do your best to achieve your goals
- Respect & support other Team Members both when they do well and when things go wrong
- Respect fellow participants or opponents and be gracious where you do not succeed
- Abide by the rules set down by the IARU and your Club
- Respect decisions made by others and follow the proper procedure if you feel unjustly treated
- Talk to your Coach, Captain, Children's Officer if you have any problems
- Be aware of your level of commitment and participation

#### **You should not:**

- Cheat
- Use violence or bad language
- Shout or argue with Leaders, team mates or opposing participants
- Harm team members, opponents or their property
- Bully or use bullying tactics
- Take banned substances to improve performance
- Behave in a manner that might bring the IARU or your Club into disrepute.

**Guidelines for Parents/Guardians:**

Parents should encourage their children to participate in sport for fun and enjoyment and should ensure that their child’s experience of sport is a positive one. Parents/Guardians should ideally work together to support the promotion of good practice to safeguard their children. Parents/Guardians should remember that children learn best by example.

**CODE OF CONDUCT FOR PARENTS/GUARDIANS:**

Parents/Guardians should assist in the implementation of best practice by;

- Becoming involved in the Club and contribute their time and effort in the running of the Club – no Club can operate successfully without the help of volunteers.
- An awareness of and respect for the relevant Officials & Coaches and their roles within the Club
- Ensuring the environment is safe and enjoyable for your children
- Being a role model for your children and other young people by encouraging fair play
- Ensuring appropriate Officials/Coaches are informed of any medical condition or other relevant matters concerning your child
- Ensuring an appropriate time & place for communicating with Officials/Coaches is arranged
- Being given the opportunity to put forward suggestions and comments including acknowledgement of complaints
- Ensuring their children have contact information in case of an emergency and this information is passed onto the Club

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**YOUNG ATHLETES:**

I have read, understood and agree to abide by the Code of Conduct for Young Athletes and the Rules of **FERMOY ROWING CLUB.**

1. \_\_\_\_\_

**Date:** \_\_\_\_\_

**Please print name**

2. \_\_\_\_\_

**Please print name**

**PARENTS/GUARDIANS:**

I have read, understood and agree to abide by the Code of Conduct for Parents/Guardians and the Rules of **FERMOY ROWING CLUB.**

**Parent’s signature :** \_\_\_\_\_

**Please Print:** \_\_\_\_\_

**Date:** \_\_\_\_\_